

Abstract of the Disclosure:

A connecting terminal, in particular a terminal strip, has a busbar and at least one spring terminal element. The spring terminal element is formed separately from the busbar, it is electrically conductively connected to it, and it is as thin as possible, with minimum use of material. The spring element has a spring limb and a contact limb opposite the spring limb, for connecting an electrical conductor which has been inserted between these limbs and rests against the contact limb. The spring limb and the contact limb are both supported against the busbar for absorbing spring forces.

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